

MHA

CONFERENCE  
CENTER

Meeting Your Expectations



# *Catering Menu*

[julianascatering.com](http://julianascatering.com)

# Menu

## **MHA CONTINENTAL BREAKFAST AND LUNCH COMBINATIONS**

Includes Continental Breakfast and choice of:

Soup & Salad Buffet

Ciabatta or Wrap Sandwich Buffet

Choice of two hot entrees and two side dishes

All lunch options are served with cookies

Hot entrees: Marinated Chicken Tips, Chicken Parm with Penne, Eggplant Parm with Penne, Chicken Broccoli Ziti (Alfredo or Aglio/Olio), Chicken Marsala, Chicken Penne alla Vodka, Vegetable Stir Fry, Stuffed Zucchini

Sides: Garden Salad, Grilled Veggies, Sauteed Green Beans, Roasted or Whipped Butternut Squash, Rice Pilaf, Roasted or Whipped Sweet Potatoes, Garlic Mashed Potatoes, Mac & Cheese

Other breakfast or lunch options may be substituted for an additional charge.

# *Breakfast Menu*

## **CONTINENTAL BREAKFAST**

Assorted bagels served with cream cheese and butter, mini muffins, fruit platter

## **BREAKFAST SANDWICH BAR**

Assorted breakfast sandwiches (choice of bagels, english muffins or croissants), fruit platter, choice of coffee cake, corn bread or banana bread

## **OMELET BAR W/CHEF COOKING ONSITE**

Omelets with 8 toppings, fruit platter, bacon and sausage, pancakes, home fries, choice of corn bread, coffee cake or banana bread.

# Lunch Menu

## **SOUP AND SALAD BUFFET**

Choice of two soups and two salads. Served with cookies or fruit tray.

Soups: Chicken Noodle, Clam Chowder, Fire Roasted Corn, Italian Wedding, Minestrone, Tomato Cream

Salads: Antipasto, Caprese, Caesar, Cranberry & Goat Cheese, Garden, Greek, Spinach & Kale

## **CIABATTA SANDWICH BUFFET**

Assorted sandwiches made on homemade Ciabatta. Choices: Caprese, Ham, Turkey, Roast Beef, Italian, Chicken Salad, Waldorf Salad, Tuna Salad, Seafood Salad. Served with choice of two deli salads and/or soups, and cookies.

## **WRAP SANDWICH BUFFET**

Assorted wrap sandwiches. Choices: Caprese, Ham, Turkey, Roast Beef, Italian, Chicken Salad, Waldorf Salad, Tuna Salad, Seafood Salad. Served with choice of two deli salads and/or soups, and cookies.

# Lunch Menu

## **MEXICAN TACO & BURRITO BAR**

Shredded beef and chicken, taco meat, guacamole, sour cream, black beans, cilantro rice, refried beans, salsa, tomatoes, shredded lettuce, soft and hard taco shells. Served with cookies.

## **ITALIAN THEMED LUNCH**

Choose two entrees and two side dishes  
Served with Italian cookies

Entrees: Marinated Chicken Tips, Chicken Parm with Penne, Eggplant Parm with Penne, Chicken Broccoli Ziti (Alfredo or Aglio/Olio), Chicken Marsala, Chicken Penne alla Vodka, Vegetable Stir Fry, Stuffed Zucchini, Cheese or Meat Lasagna

Sides: Garden Salad, Grilled Veggies, Sauteed Green Beans, Roasted or Whipped Butternut Squash, Rice Pilaf, Roasted or Whipped Sweet Potatoes, Garlic Mashed Potatoes, Mac & Cheese

# Lunch Menu

## **MEDITERRANEAN LUNCHEON**

Choose two Mediterranean entrees and two side dishes.

Served with cookies or baklava.

Entrees: Greek Lasagna, Moussaka, Pastichio, Lemon Chicken, Stuffed Zucchini, Spanakopita, Rattatoie, Orzo w/Lamb

Sides: Choice of Salad, Grilled Veggies, Sauteed Green Beans, Roasted or Whipped Butternut Squash, Rice Pilaf, Roasted or Whipped Sweet Potatoes, Garlic Mashed Potatoes, Mac & Cheese

## **GERMAN THEMED LUNCHEON**

German soft pretzels, Chicken Schnitzel sliders, Bratwurst or Knockwurst, Sauerkraut, Hot German Potato Salad, Tossed Salad, Apple Streudel.

## **CARIBBEAN THEMED LUNCHEON**

Pick two main dishes: Jerk chicken or steak, jerk shrimp with grilled onion, avocado & mango salsa, Blackened or BBQ salmon with cajun or jerk rub, pineapple pork loin, Hawaiian chicken & rice dish. Served with black bean & rice dish, mixed green salad with tropical fruits & pecans, fresh fruit platter with tropical fruits, tropical themed pies.

# Ala Carte Menu

Prices are \$3 per serving

- Fruit Parfait (Plain or vanilla yogurt, strawberries, blueberries, granola)
- Fresh Seasonal Fruit Tray
- Chocolate Bomb Chocolate
- Covered Strawberries
- Assorted Dessert Tray (Cookies, Brownies, Blond Brownies, Cannolis, Fudge Cake, Cheesecake)
- Mini Cheesecake in Phyllo Shells with Fruit Toppings
- Cannolis
- Baklava
- Strawberry Shortcake Martinis
- Apple Crisp Martinis
- Italian Cookie Platter
- American Cookie Platter

For additional information or to book food or beverage services for your event, please contact Laurie Snelson by phone: (781) 262-6028 or by email at [LSnelson@mhalink.org](mailto:LSnelson@mhalink.org)